

## Concurrent Training for First Responders

Two concurrent autism training sessions for first responders, including police officers, firemen, EMTs, paramedics, security workers, ER and trauma workers, crisis team members, social workers, correctional officers, school safety officers, and bus drivers, will be offered during the Autism Supports, Strategies, and Resources Workshop. Participants in those training sessions will be invited to join workshop participants for lunch where they can meet with the community and learn more about working with individuals with autism.

## Workshop Partners

### Autism Society of Minnesota (AuSM)

[www.ausm.org](http://www.ausm.org)

### Arc Midstate

[www.arcmidstate.org](http://www.arcmidstate.org)

### Opportunity Matters

[www.opportunitymatters.org](http://www.opportunitymatters.org)

### WACOSA

[www.wacosa.org](http://www.wacosa.org)

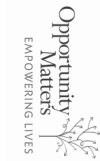


This workshop has been made possible in part by a generous grant from Voigt's.



### AuSM Bookstore

The AuSM Bookstore featuring many autism resources will be open during this workshop.



Autism Society of Minnesota  
2380 Wycliff St. #102  
St. Paul, MN 55114  
[www.ausm.org](http://www.ausm.org)



*in partnership present*

# Autism Supports, Strategies, and Resources

*A workshop for parents, caregivers,  
support professionals, and individuals  
with autism*

**Friday, Oct. 26, 2018  
8:30 a.m.-3:30 p.m.**



*Held at the Sartell Community Center  
850 19th St. S., Sartell, MN 56377*

Non-Profit Org.  
U.S. Postage  
PAID  
Twin Cities, MN  
Permit No. 1062

# Autism Supports, Strategies, and Resources

Friday, Oct. 26, 2018 • 8:30 a.m.-3:30 p.m.

Join the Autism Society of Minnesota, Arc Midstate, Opportunity Matters, and WACOSA for this informative autism information share. Sessions will feature topics including autism 101, executive function, mental illness, positive supports, behavior strategies, and life planning.

## Who Should Participate

Parents and Caregivers • Educators • Support Professionals • Individuals with Autism

## Workshop Location

Sartell Community Center  
850 19th St. S.  
Sartell, MN 56377

## Registration

### Workshop Fee

- General Registration: \$20
- Person with ASD: \$15

Lunch is included with registration. Coffee, tea, and water also will be provided.

**Cancellations:** Refunds less a \$10 processing fee will be given for cancellations received in writing to [events@ausm.org](mailto:events@ausm.org) seven business days prior to the workshop. No refunds will be given after this date.

**Register online at [www.ausm.org](http://www.ausm.org).**

## Workshop Schedule

- 8 a.m.**                      **Registration Open: Visit AuSM Bookstore and Resource Tables**
- 8:30 a.m.**                      **ASD 101**  
**presented by Lucas Scott, AuSM Education Specialist**  
What is autism? Learn common characteristics and challenges associated with autism in order to best support individuals on the spectrum.  
  
Lucas Scott provides professional training to a wide audience of interdisciplinary professionals in addition to planning and executing social skills programming for children and young adults on the autism spectrum.
- 9:30 a.m.**                      **Positive Behavior Supports**  
**presented by Lucas Scott, AuSM Education Specialist**  
Learn foundational principles of behavior management as well as strategies to address challenging behavior, build motivation, and promote functional replacement behaviors. Obtain universal support strategies to foster communication, socialization, and self-regulation skills.
- 10:30 a.m.**                      **Break: Visit AuSM Bookstore and Resource Tables**
- 11 a.m.**                        **Executive Function, Emotional Regulation, and De-escalation Strategies**  
**presented by Robyn DeCourcy, AuSM Education Specialist**  
Explore the crossroads of mental health and autism. Learn how differences in processing information and emotions can cause challenges for individuals on the spectrum, as well as common co-occurring mental health conditions. Discover ways to identify the stages of a meltdown and strategies to support de-escalation.  
  
Robyn DeCourcy has been working with individuals on the autism spectrum for more than 10 years. At AuSM, her duties include managing registration, hosting community partner trainings, and developing social skills curricula.
- 12:15 p.m.**                      **Lunch and Self-Advocate Panel Session with Caregivers and Self-Advocates with Autism**  
**moderated by Robyn DeCourcy, AuSM Education Specialist. Panelists include Shelby Eisenschenk, Lisa Edelbrock, Casey Hilden, and Jeremy and Michelle Hilden.**
- 1:30 p.m.**                      **Strategies for Autism and Challenging Behavior**  
**presented by Jon Sargeant, BCBA**  
Learn about the use of environmental structure, predictability, and routine as a means to reduce and/or prevent escalation of problem behavior. Review of the development of token economies as a predictable way to deliver positive reinforcement, which includes the correct use of response cost. Learn about crisis plans for the challenging behaviors of self injury, physical aggression, and property destruction.  
  
Jon Sargeant has been involved with behavior consultation for the past 20 years. Sargeant founded SGT Behavior Consulting, which currently serves Benton, Stearns, Sherburne, and Wright Counties.
- 2:30 p.m.**                      **Life Planning: Spotlight on Housing and Employment**  
**presented by Cindy Owen, Arc Midstate**  
The transition from student to adult life is exciting, emotional, and can be overwhelming. Learn how to support your transitioning loved one to help to create a foundation that will promote ongoing quality of life. Obtain information on formal and informal supports and get answers to questions about planning for employment, housing, transportation, healthcare, social connections, and more.  
  
Cindy Owen is the Regional Director of The Arc Minnesota, Arc Midstate.