



## **WACOSA Covid-19 Pandemic Response Action and Prevention Plan**

Rev. May 2022

### **Overview:**

WACOSA is committed to providing a safe and healthy workplace for all our employees and clients. To ensure that, we have developed the following Preparedness Plan in response to the COVID-19 pandemic. Managers, employees and clients are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our workplaces, and that requires full cooperation among staff, clients, and management. Please direct any suggestions or feedback regarding this plan to the HR Manager or VP of QA and Programs. Only through this cooperative effort can we establish and maintain the safety and health of our workplaces. This plan covers: 320 Sundial Drive, Waite Park, MN - North & South Programs; 321 Sundial Drive, Waite Park, MN – Annex Program; 310 Sundial Drive, Waite Park, MN; 51 1st Ave South, Waite Park, MN; 1527 Northway Dr, St Cloud, MN – Seniors Program; 712 Lincoln Loop, Sauk Centre, MN – Sauk Centre.

### **Purpose:**

The purpose of this Preparedness Plan is to follow Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines and federal OSHA standards related to COVID-19 and addresses:

- Screening: prompt identification and isolation and notification;
- Hygiene: hand washing and respiratory etiquette;
- Housekeeping: cleaning, disinfecting and decontamination;
- Communications and Training: provided to managers, employees and clients; and
- Management and Supervision: to ensure effective implementation of the plan.

### **Screening:**

Employees and clients (guardians, group homes, etc.) have been informed of and are encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess health status prior to entering the workplace and to report when they are sick or experiencing symptoms.

### **Assessment of Exposure to Risk**

The associated risk of infection depends on the level of exposure, which will, in turn, determine the nature of the action to be taken locally. Establishing the level of exposure can be difficult and requires the case to be investigated in order to determine the extent of the contact and/or the nature of the symptoms. Human Resources or VP of QA & Programs will perform the necessary investigations and interviews.

If individuals report they have tested positive for COVID-19; had contact with a known positive case of COVID-19; are presenting with symptoms, like those of COVID-19; or have recently traveled; specific mitigation measures as outlined in the Action Assessment protocol (Table 1) must be applied.



**Table 1: Action Assessment Protocol**

AFFECTED	Contact HR Manager and/or VP of QA & Programs	Quarantine (Unvaccinated or Not up to date on Vaccine)	Quarantine (Up to Date on Vaccine)
Tested Positive for communicable disease, and ill	✓	✓	✓
Tested Positive for communicable disease, and not ill	✓	✓	✓
Symptomatic, Tested Negative for communicable disease	✓	✓	✓
Traveled and symptomatic	✓	✓	✓
Traveled not symptomatic	✓	✓	
Been in Contact with someone testing positive for communicable disease, and symptomatic	✓	✓	✓

IMPACTED	Contact HR Manager and/or VP of QA & Programs	Quarantine (Unvaccinated or Not up to date on Vaccine)	Quarantine (Up to Date on Vaccine)
Caring for Loved One testing positive for communicable disease, not symptomatic	✓	✓	
School Closing / No Day Care	✓		

**Quarantine Guidelines:** (These guidelines apply to both vaccinated and unvaccinated individuals, unless otherwise stated)

	Quarantine, Testing, & Masking Requirements
IF YOU Were exposed to COVID-19 and are NOT up to date on COVID-19 vaccinations	<ul style="list-style-type: none"> <li>Quarantine for at least 5 days</li> <li>Get tested – even if you don’t develop symptoms, get tested at least 5 days after you last had close contact</li> <li>Watch for symptoms until 10 days after you last had close contact with someone with COVID-19</li> <li>If you develop symptoms isolate immediately and get tested.</li> <li>Wear a well-fitting mask until day 10</li> </ul>
IF YOU Were exposed to COVID-19 and are up to date on COVID-19 vaccinations	<ul style="list-style-type: none"> <li>No quarantine unless you develop symptoms</li> <li>Get tested – even if you don’t develop symptoms, get tested at least 5 days after you last had close contact</li> <li>Watch for symptoms until 10 days after you last had close contact with someone with COVID-19</li> <li>If you develop symptoms isolate immediately and get tested.</li> <li>Wear a well-fitting mask until day 10</li> </ul>



<p>IF YOU were exposed to COVID-19 and had confirmed COVID-19 within the past 90 days (you tested positive using a viral test)</p>	<ul style="list-style-type: none"> <li>• No quarantine unless you develop symptoms</li> <li>• Watch for symptoms until 10 days after you last had close contact with someone with COVID-19</li> <li>• If you develop symptoms isolate immediately and get tested.</li> <li>• Wear a well-fitting mask until day 10</li> </ul>
<p>IF YOU Tested positive for COVID-19 or have symptoms, regardless of vaccination status</p>	<ul style="list-style-type: none"> <li>• Stay home for 5 days and isolate from others in your home             <ul style="list-style-type: none"> <li>○ Ending Isolation if you had symptoms: End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.</li> <li>○ Ending Isolation if you did NOT have symptoms: End isolation after at least 5 full days after your positive test.</li> </ul> </li> <li>• Wear a well-fitting mask until day 10</li> </ul>

*\*Calculating Quarantine/Isolation: The date of Exposure/first day of symptoms/positive viral test is day 0. Day 1 is the first full day after last contact with a person who has had COVID-19, symptoms developed or your test specimen was collected.*

*\*\*Up to Date meaning: Completed full primary series (2 doses of Pfizer or Moderna at recommended time intervals or single dose of Johnson & Johnson) and 1<sup>st</sup> booster*

*\*\*Fully Vaccinated meaning: Completed full primary series (2 doses of Pfizer or Moderna at recommended time intervals or single dose of Johnson & Johnson) and has been 2 weeks after final dose in primary series. Not received a booster*

- Domestic Travel (Within the United States)
  - a. If you are NOT up to date with your COVID-19 Vaccines –
    - i. If you have traveled out of state by car, you may not return to work for 3 days
    - ii. If you have traveled out of state by public transportation (I.e. plane, train, etc), you may not return for 5 days.
      - 1. Get tested with a viral test 3-5 days after travel AND stay home and self-quarantine for a full 5 days after travel
      - 2. Even if you test negative, stay home and self-quarantine for the full 5 days
    - iii. If you don't get tested, stay home and self-quarantine for 5 days after travel
    - iv. Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms
  - b. If you are up to date with your COVID-19 Vaccines – Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
- International Travel
  - a. If you are NOT up to date with your COVID-19 Vaccines –
    - i. Get tested with a viral test 3-5 days after travel AND stay home and self-quarantine for a full 5 days after travel
      - 1. Even if you test negative, stay home and self-quarantine for the full 5 days



- ii. If you don't get tested, stay home and self-quarantine for 5 days after travel
- iii. Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms
- b. If you are up to date with your COVID-19 vaccines –
  - i. Get tested with a viral test 3 – 5 days after travel.
  - ii. Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
- If you recovered from COVID-19 recently -
  - a. If you recovered from a documented COVID-19 infection **within the past 90 days (regardless of vaccination status)**, you do NOT need to get a test 3-5 days after travel. You also do not need to self-quarantine after travel. If you develop COVID-19 symptoms after travel, isolate and consult with a healthcare provider for testing recommendations.

### WACOSA Leave Policies:

It is recommended employees utilize any available paid time off (PTO) while away from work due to COVID-19. If an employee does not have any PTO or is not eligible for PTO, time away from work should be considered unpaid. Employees are expected to follow the call-in procedure, listed in the employee handbook, if they will not be reporting to work.

### Protocol 1: Notification

The following protocol is for a known positive, suspected positive, or symptomatic case within a location.

Employee/client not at work:

- If an employee/client receives a confirmed positive or suspected positive case or is symptomatic, the supervisor must be notified. Employee/client is instructed to not report to work.
- The supervisor then notifies the Vice President (VP) or Lead Client Manager (LCM). The VP or LCM then informs HR and Executive Director.
- A contact trace for the individual is conducted by Human Resources and Location Leadership to identify all possible contacts, internal and external.
- Transparently communicate with all employees/clients (guardians, group home, etc at location regarding issues and actions.
- Deep clean the location in which the employee/client works (if employee/client worked in the past 3 days).

If symptoms present at work:

- Individual is isolated and sent home.
- The supervisor then notifies the Vice President (VP) or Lead Client Manager (LCM). The VP or LCM then informs HR and Executive Director.
- Operations are stopped in the direct area the employee or client was working.
- A contact trace for the individual is conducted by Human Resources and Location Leadership to identify all possible contacts, internal and external.
- Transparently communicate with all employees/clients (guardians, group home, etc.) at location regarding issues and actions.
- Deep clean the location in which the employee or client was working.
- Operations resume.



The following protocol is for all employees or clients, who are either unvaccinated or not fully vaccinated, who have had contact with a known positive or a suspected positive case.

Employee/client not at work:

- Employee/client who has had contact with a confirmed positive or suspected positive case notifies manager. Employee/client is instructed to not report to work.
- The manager then notifies HR of positive case. HR informs the VP of QA & Programs and Executive Director.

Employee/client at work:

- Employee/client who has had contact with a confirmed positive or suspected positive case notifies their supervisor. Employee/client is isolated and sent home and monitors for symptoms.
- The supervisor then notifies the Vice President (VP) or Lead Client Manager (LCM). The VP or LCM then informs HR and Executive Director. A contact trace for the employee/client is conducted by Human Resources and Location Leadership.
- Transparently communicate with all employees/clients (guardians, group home, etc.) at location regarding issues and actions.
- Location is deep cleaned in areas identified in tract.
- Operations resume.

The following protocol is for all employees or clients who have been identified in a contact trace exercise. If an employee/client is fully vaccinated and it has been more than 2 weeks since their final dose, they do not need to quarantine.

Employee/client not at work:

- Employee/client is contacted by HR to notify them of the potential COVID exposure.
- Employee/client is instructed to not report to work.

Employee/client at work:

- Employee/client is contacted by HR to notify them of the potential COVID exposure.
- Employee/client is sent home to monitor for symptoms.

## **Protocol 2: Screening Employees, Clients, and Visitors**

Prior to the start of your shift (employees/clients) or access to the facility (visitors), everyone shall:

- Check in at your WACOSA site, or
- Check in with the vehicle driver BEFORE entering the WACOSA vehicle, and
  - Verbally Complete Access Questionnaire, and

Anyone displaying symptoms matching those with Covid-19 will not be granted access to the WACOSA facility and/or vehicles.

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills



- Repeated shaking with chills
- Muscle pain
- Sore throat
- Prominent headache
- New loss of taste or smell

## Hygiene:

### Hand Washing

Basic infection prevention measures are being implemented at our workplaces at all times. Employees/clients are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day. Restrooms accessed by clients have timers to indicate when 20 seconds has expired.

Some locations may have hand-sanitizer dispensers (that use sanitizers of greater than 60% alcohol) that can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled. Hand sanitizing stations have been placed and labeled at certain locations. Cleaning crews will fill as necessary. Maintenance will ensure sanitizing stations are in working order. Maintenance or Contract staff will order supplies as needed.

### Respiratory etiquette: Cover your cough or sneeze

Workers and visitors are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in the trash and wash or sanitize their hands immediately afterward.

In addition, employees are required to use face coverings while providing transportation and working in house or off site on contracts. The following mask types will be allowed:

- N95 respirator without exhaust valve
- Cloth or medical masks
- Employer supplied face covering (if applicable and available)
- Employee supplied face covering approved by the employer in the event other mask types listed are not available due to shortages

All staff will receive training on proper usage of face masks, and effective respiratory etiquette. Posters are hung and employees will direct clients on appropriate etiquette.

## Housekeeping

Regular housekeeping practices are implemented, including routine cleaning and disinfecting of work surfaces, equipment, tools and machinery, and areas in the work environment, including restrooms, break rooms, lunch rooms and meeting rooms. Trash receptacles will be emptied at regular intervals.

All staff will clean and disinfect their work areas using company provided cleaning products with appropriate OSHA labels and instructions. In the case of a possible contamination, work will be halted and complete disinfection will take place, with oversight by Maintenance Supervisor and Site Leadership.

## Communications and training

This Preparedness Plan was distributed to employees via email, and reviewed with each person on site and necessary training was provided. This plan is available to the general public, persons served and all stakeholders on our website [www.wacosa.org](http://www.wacosa.org). Any person requesting a written or translated copy will be accommodated. Additional communication and training will be ongoing for the following:



- New hires;
- Employees/clients observed not following policy; and
- Annually as part of our Safety Training.

## Transportation

### CDC Transit Mask Mandate Compliance for WACOSA

All conveyance operators (transit system) transporting persons into and within the United States must require all persons onboard or at transportation hubs where passengers are picked up or discharged to wear masks over the mouth and nose when traveling or waiting. Operators must use best efforts to ensure that any person on the conveyance wears a mask when boarding, disembarking, and for the duration of travel, which include:

- Boarding only those persons who wear masks;
- Instructing persons that Federal law requires wearing a mask on the conveyance and failure to comply constitutes a violation of Federal law;
- Monitoring persons onboard the conveyance for anyone who is not wearing a mask and seek compliance from such persons;
- At the earliest opportunity, disembarking any person who refuses to comply; and
- Providing persons with prominent and adequate notice to facilitate awareness and compliance of the requires of this Order to wear a mask. This notice is on our website, in writing and posted in all facilities.

## Management and Supervision

Managers and supervisors are responsible to hold their teams accountable to this policy. Management and workers are to work through this new program together and update as necessary. This Preparedness Plan has been approved by WACOSA management and was posted throughout the workplace April 30, 2020. Various revisions have been implemented and posted for all stakeholders accordingly.

Approved by: Steven Howard, Executive Director



## Exhibit A – WACOSA’s Safety Form Location Access Questionnaire

### EMPLOYEE/ CLIENT SCREENING

For the safety and security of our employees,  
**EVERYONE must answer the questions below**  
in order to enter an WACOSA vehicle, building, or community site.

1. Do you live with someone or have been in contact with someone who has been diagnosed with Covid-19 and is under quarantine?
2. In the last 3 days, have you experienced any cold or flu-like symptoms, including: **fever at or above 98.8 degrees F, cough, sore throat, respiratory illness, headache, repeated shaking with chills, muscle pain, new loss of taste or smell or difficulty breathing** (not associated with allergies and not treated by a doctor where a return-to-work release was issued.)

Questions must be answered **each time** you enter.