



# NEW UPDATED WINTER SCHEDULE!!!

[www.wacosa.org/wacosa-connect](http://www.wacosa.org/wacosa-connect)

## MONDAYS

### WACOSA NEWS 9:00-10:00AM

WACOSA's Adaptive Media Program Presents WACOSA News with stories from around WACOSA and the community and interactive sharing time for all.

### SCIENCE WONDER WIZARDS 3:30-5:00PM

Take a deep dive into the strange, mysterious and fun world of science. From Science Fiction to Science Fact, from dragons to lizards, from Star Trek to NASA.

## TUESDAYS

### RIGHT ON! 9:00-10:00AM

Join the conversation as we explore rights, responsibilities and advocacy with each other and with guest speakers.

### WACOSA ART HOUSE! 3:30-5:00PM

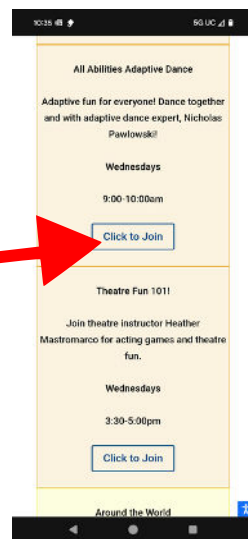
Learn about styles of art, tools and techniques. Draw or paint along and share your art or crafts with others.

## Steps to join our virtual activities from home

1.  
GO TO WACOSA.ORG

2.  
CLICK THE ORANGE BUTTON

3.  
JOIN THE CLASS YOU WANT



**NEED HELP? CALL MIKE  
320-240-2875**



# WEDNESDAYS

## WACOSA COFFEE HOUSE

**8:30-9:00**

Drop in to connect with friends and chat.



## ALL ABILITIES ADAPTIVE DANCE

**9:00-10:00AM**

Adaptive fun for everyone! Dance together and with adaptive dance expert, Nicholas Pawlowski!

## THEATRE FUN 101!

**3:30-5:00PM**

Join theatre instructor Heather Mastromarco for acting games theatre fun.



We use Zoom for our virtual activities. The Zoom app can be downloaded onto any computer, tablet, iPad or smartphone.

Once the app is downloaded onto your device, simply enter the activity from the WACOSA website.

# THURSDAYS

## AROUND THE WORLD!!

**9:00AM-10:00AM**

Virtually explore places, cultures, activities, and cuisines from around the world.

## CREATIVE COMPOSERS

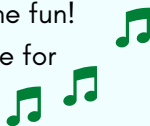
**3:30M-5:00M**

Exploring instruments, sound, movement and creative expression!

## WACOSA TEST KITCHEN DANCE PARTY

**6:15-7:45PM**

Cook along or watch, dance and join the fun! Check the WACOSA Connect web page for this week's recipe.



# FRIDAYS

## WACOSA'S GOT TALENT

**9:00AM-10:00AM**

Bring your gifts and talents. It's your turn to shine. Share a dance, song, joke or a work of art. Any talent is welcome.

## FRIDAY GAME SHOW

**3:30-5:00PM**

Star in our new game show! Join your WACOSA friends on Zoom for a fun evening of trivia, word games, cards and more.



## QUESTIONS?

**CONTACT  
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