



NEW SPRING SCHEDULE!!

www.wacosa.org/wacosa-connect

MONDAYS

WACOSA NEWS 9:00-10:00AM

WACOSA's Adaptive Media Program Presents WACOSA News with stories from around WACOSA and the community and interactive sharing time for all.

JOEY'S MOVIE CLUB 10:30-11:30AM

Join Joey for an entertaining hour of movie clips, discussion and laughter as we explore the wonderful world of film.

SCIENCE WONDER WIZARDS 3:30-5:00PM

Take a deep dive into the strange, mysterious and fun world of science. From Science Fiction to Science Fact, from dragons to lizards, from Star Trek to NASA.

TUESDAYS

RIGHT ON! 9:00-10:00AM

Join the conversation as we explore rights, responsibilities and advocacy with each other and with guest speakers.

OUT AND ABOUT 3:30-5:00PM

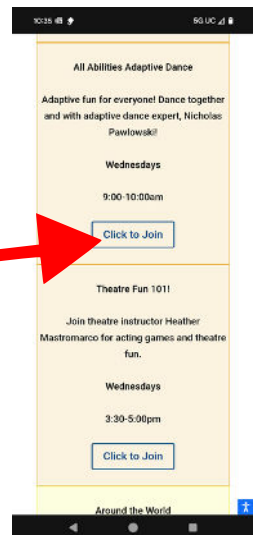
Get to know people and places around Central Minnesota.

Steps to join our virtual activities from home

1.
GO TO WACOSA.ORG

2.
CLICK THE ORANGE BUTTON

3.
JOIN THE CLASS YOU WANT



**NEED HELP? CALL MIKE
320-240-2875**



WEDNESDAYS

WACOSA COFFEE HOUSE

8:30-9:00

Drop in to connect with friends and chat.



ALL ABILITIES ADAPTIVE DANCE

9:00-10:00AM

Adaptive fun for everyone! Dance together and with adaptive dance expert, Nicholas Pawlowski!

THEATRE FUN 101!

3:30-5:00PM

Join theatre instructor Heather Mastromarco for acting games theatre fun.



We use Zoom for our virtual activities. The Zoom app can be downloaded onto any computer, tablet, iPad or smartphone.

Once the app is downloaded onto your device, simply join the activity from the WACOSA website.

THURSDAYS

ADAPTIVE CHAIR YOGA

9:00AM-10:00AM

Adaptive Chair Yoga is BACK!!!!



PLAY PREP AND REHEARSALS

3:30M-5:00M

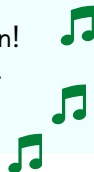
Calling all actors, stagehands, volunteers! Help choose the props, work the script, practice the songs and lines as we work on our upcoming play, Arrgh!!



WACOSA TEST KITCHEN DANCE PARTY

6:15-7:45PM

Cook along or watch, dance and join the fun! Check the WACOSA Connect web page for this week's recipe.



FRIDAYS

WACOSA'S GOT TALENT

9:00AM-10:00AM

Bring your gifts and talents. It's your turn to shine. Share a dance, song, joke or a work of art. Any talent is welcome.

DAVID AND FRIENDS

10:30-11:30AM

Tune in every Friday with your favorite host, David,

FRIDAY GAME SHOW

3:30-5:00PM

Star in our new game show! Join your WACOSA friends on Zoom for a fun evening of trivia, word games, cards and more.



QUESTIONS?

CONTACT
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